

INTRODUCTION TO SOURDOUGH

SATURDAY, NOVEMBER 1, 2025 - 1:00PM



Learn all about the history and science of sourdough bread from friendly *breaducator*, Isabelle Laufer of Wild Rise Workshops. The first 40 participants will leave with their own sourdough starter. Isabelle will go over the tools needed, recipes, formation of dough, baking, and troubleshooting.

Wild Rise Workshops is a community-centered program dedicated to teaching the art and science of sourdough. Registration required.



Fairfield
Public
Library

All programs are free and open to the public.
For more information: fairfieldpubliclibrary.org or call 203-255-7307.

Main Library
1080 Old Post Road
Fairfield, CT 06824

Fairfield Woods Branch
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