

## Let's Speak Together!

## Conversation & Activity Group with a Speech Therapist Wednesday, August 27th \* 10 am - 10:45 am Fairfield Woods Branch Library

Are you finding yourself occasionally searching for the right word or having those "it's on the tip of my tongue" moments? Let's Speak Together is a monthly conversation/activity group designed to help keep your mind and word-finding skills sharp. Regular mental and social engagement can support brain health and help slow the progression of cognitive and language-related changes over time, especially as we age. Led by Melissa Katz, a licensed speech-language pathologist, this class offers a welcoming and supportive environment focused on cognitive engagement through interactive language activities. It's a great way to challenge your brain, strengthen communication, and connect with others who share similar goals. Care partners are welcome.

## Registration is required. This group meets the last Wednesday of each month.

\*Disclaimer: Melissa will not be providing speech therapy in this class. Any medical questions should be answered by your physician.



Melissa Katz earned her master's degree in speech-language pathology from Ithaca College and has been a speech therapist for over 10 years. She spent most of her career as a Senior Speech-Language Pathologist at Magee Rehabilitation Hospital in Philadelphia on the stroke and brain injury unit. While at Magee, she worked with patients who had complex neurological conditions involving dysphagia, aphasia, and other cognitive-communication disorders. She also helped co-initiate the music therapy department and lead the Cancer Care Committee. Currently, she provides outpatient teletherapy to adults and leads an aphasia support group with a practice based out of Washington State. She is a SPEAK OUT!® Provider which is a certification to help people with Parkinson's and related neurological disorders regain and retain their speech and swallowing. She is also a Certified Lingraphica® Technology Specialist. She has a passion for advocating for her clients while also supporting their families.



All programs are free and open to the public.

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