

THE PLASTIC PROBLEM:

SIMPLE STEPS TO SAFEGUARD YOUR HEALTH

JULY 17th * 6:30pm

FAIRFIELD PUBLIC LIBRARY

Rotary Room

Our dependence on plastic products has led to widespread environmental pollution, with plastic found at the most pristine corners of the planet and even inside of our bodies. Environmental health scientists and Fairfield residents Drs. Sarah Evans and Sofia Curdumi Pendley will share the latest science about how plastics and the chemicals they contain—including hormone disruptors and other harmful substances found in food packaging, drinking water, and household products—can affect our health. They'll share simple, actionable steps that individuals and communities can take to reduce harmful plastic exposures and advocate for safer alternatives.



This program is presented in partnership with Sustainable Fairfield.



Drs. Sarah Evans, PhD MPH and Sofia Curdumi Pendley, PhD MPH, are both assistant professors in the Department of Environmental Medicine at the Icahn School of Medicine at Mount Sinai. Through their work with the Mount Sinai Children's Environmental Health Center (CEHC), Pediatric Environmental Health Specialty Unit (PEHSU), New York State Children's Environmental Health Centers (NYSHECK), Community Engagement Core for the Center on Health and Environment across the LifeSpan (HEALS), and the Community and Collaboration Core of the Mount Sinai Clinical and Translational Science Award Program (CTSA) they are committed to translating research to action to promote safer practices and policies that protect families from toxic chemicals.



Fairfield
Public
Library

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Fairfield, CT 06824

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