



Honey: The Science Behind the Fruit

Wednesday, September 10, 2025
6:00-7:30pm

Learn about the benefits of cooking with honey, including why honey is a preferred ingredient when making marinades, bar-b-q- sauces, and hot sauces and how honey can balance the taste of certain foods.

Presenter, Catherine Wolko, is a second-generation beekeeper and owner of The Humble Bee Honey Company and The Hive @ The Pin, a farm store and honey house located in Oakville, Ct.



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