



# Creating Better Days for People Living with Dementia

Wednesday, August 10th • 5:30 pm  
Fairfield Woods Branch Library

Dementia has life-changing effects on families and their loved ones. Neil Anand, owner of ComForCare Home Care and Dr. Srinath Kadimi, Associate Professor of Neurology at Yale School of Medicine, present this workshop for anyone caring for a person living with dementia. They will explain why challenging behavior can happen and talk about five methods that can help create better days:

- Focusing on feelings
- Minding emotional displays
- Respecting personal preferences
- Making care person centered
- Improving communication skills



Fairfield  
Public  
Library

All programs are free and open to the public.  
For more information: [fairfieldpubliclibrary.org](http://fairfieldpubliclibrary.org) or call 203-255-7307.

Main Library  
1080 Old Post Road  
Fairfield, CT 06824

Fairfield Woods Branch  
1147 Fairfield Woods Road  
Fairfield, CT 06825

