## Careers By Design

I help busy business leaders build career resilience to avoid burnout and thrive.

You are a successful and respected business professional. Your career is good, but something is missing. You have the ability, skills, and knowhow.

But you're,

- Feeling burned out from your current job.
- Confused about what to do next.
- Wanting to make a career change or adjustment.
- Worried about being stuck in your job forever.
- Lost in your purpose and passion for career and life.

You wonder,

- Is there a way out of this current feeling and situation?
- Can I recover from this overwhelm and burnout?
- Can I pivot and adjust my career?

The answer is YES and I can help you achieve that!

Message me, or email me at mark@markdanaher.com. We'll set aside some time to connect.

## When You Are Ready to Get Started on Your Next Chapter and Build Your Resilience to Thrive

- Individual Coaching
- Online Courses
- Keynotes
- Seminar \& Workshops

Careers by Design, LLC
Cheshire, CT 06410
mark@markdanaher.com www.markdanaher.com

MAKING A SUCESSFUL
CAREER PIVOT IN POST
PANDEMIC TIMES

## 8 STRATEGIES TO DEVELOP

 YOUR CAREER RESILIENCE

Mark Danaher
Career Coach
\% of people are Actively Looking for New Job Opportunities.

3 Limiting Beliefs that are Holding Your Back

1. $\qquad$
2. $\qquad$
3. $\qquad$

Once you recognize that most of the things that you think are in the way of your career change are nothing more than $\qquad$ .

You can move forward and deal with them.

## Notes:

1. $\qquad$
2. $\qquad$
3. $\qquad$
4. $\qquad$

8 Strategies to Build Your
Career Resilience:

1. $\qquad$
2. $\qquad$
3. $\qquad$
4. $\qquad$
5. $\qquad$
6. $\qquad$
7. $\qquad$
8. $\qquad$
